NEBS Employee members now have access to a new program for professional and confidential assistance services called HERE 4 YOU @ Work–NEBS. This service replaces the previous Posaction Plus program.

The HERE 4 YOU @ Work–NEBS program is available to any NEBS Employee Members that would like counselling support related to:

- Mental Health Issues
- Relationships
- Family Issues
- Personal or Emotional Problems
- Workplace Issues
- Crisis Support

Employee Members can receive support by a dedicated professional over the phone and online. This service is available 24 hours a day, 7 days a week.

Employee Members just need to call 1 (844) 880-9142 (TTY 1 (877) 338-0275) and identify themselves as a HERE 4 YOU @ Work–NEBS Member. All communication with HERE 4 YOU @ Work–NEBS is completely confidential.

Please visit www.workhealthlife.com for access to hundreds of articles, tools and resources. To access please enter NEBS in the Organization Name search bar and click on the option for Here4You@Work – by The Cooperators.

WHO CAN USE THIS BENEFIT?

This benefit is attached to the LTD benefit. If the member has LTD they are eligible.

CAN MY DEPENDENT USE THIS BENEFIT?

This benefit is only offered to the Employee Member and not their Dependents.

WHO PAYS FOR THIS BENEFIT?

The is no extra charge to Employers or their Employees for this benefit. It is included in the LTD premium.

HOW MANY HOURS (“VISITS”) ARE INCLUDED?

There is no maximum or set number of hours (“visits”). Each case is assessed on its own merits and will be given the appropriate number of hours (“visits”).