

Benefits Now™ for Plan Members

Your group benefits plan made easy through online access



Benefits Now™ for Plan Members, our flexible, online self-serve system, gives you access to plan information 24 hours a day in English or French.

Through a secure login, you can access general information about your coverage and specific information about your Extended Health Care, Dental and Health Spending Account claims. You'll also find information about dependents, printable Extended Health Care and Dental claims forms, and a glossary of insurance terms. You can also take advantage of e-claim submission of your health and dental claims through Benefits Now.™

Go paperless

You can choose to go paperless by providing your email address and banking information. Your claim payments will be deposited directly into your bank account and you can access your Explanation of Benefits electronically.

Register for Benefits Now for Plan Members

If you have any questions or you would like to register for Benefits Now for Plan Members, call our Group Client Service Centre at **1-800-667-8164** between 8:00 a.m. EST and 5:00 p.m. CST Monday to Friday. You'll be asked for your group and certificate number and will be required to answer a series of security questions to confirm your identity.

Your Client Service Representative will provide you with a temporary password to access Benefits Now for Plan Members. Be sure to have this password and your group and certificate numbers available when you log in at <https://planmember.cooperators.ca>. You'll be prompted to change your password when you log in for the first time.